

SCHOOL OF NURSING AND HEALTH SCIENCES PROGRAMS

DOCTOR OF NURSING PRACTICE (DNP)

Faculty

- **Ronda Lucey**, Program Director
- **Sheryl Steadman**, Dean

Mission

The post-graduate Doctor of Nursing Practice (DNP) program is designed to prepare graduates with advanced skills, and abilities that are important to clinical practice; including an increased knowledge in leadership, clinical experience, and the business of health. Graduates are prepared for a variety of nursing practice roles and equipped with the abilities to assume leadership roles within complex healthcare organizations.

The post-graduate DNP program will use a hybrid executive format model similar to other graduate programs at Westminster University. Nationally recognized standards and competencies were used to develop the curriculum which will integrate online learning with traditional residency learning. The curriculum consists of 32 credit hours offered over 3 full-time semesters (6 part-time semesters) and taught by qualified faculty from a variety of disciplines. A doctorate level scholarly project will be required to demonstrate the student's ability to synthesize doctoral level concepts presented throughout the program.

Program Goals

- Prepare advanced nursing practice leaders to analyze and evaluate scientific knowledge to improve outcomes and ensure quality in health care systems.
- Prepare advanced nursing practice leaders in the education of social justice and to promote culturally relevant health care to reduce health disparities.
- Prepare advanced nursing practice leaders to utilize technology and information literacy to improve health care.
- Prepare advanced nursing practice leaders with increased knowledge, skills, and expertise in communication, scientific foundations, leadership, and health care systems.

Program Objectives

Graduates of the program will be able to:

- Demonstrate leadership to influence healthcare policy, regulation, financing, ethics, and delivery.
- Influence health and social policy for diverse populations resulting in improved access and quality of care in systems.
- Evaluate and implement current research to guide evidence-based patient care across populations.
- Integrate appropriate technologies for knowledge management to improve health care.
- Apply knowledge of organizational practices, complex systems, and collaboration to improve health care delivery.
- Evaluate the ethical consequences of decisions.

Program Requirements

- Students must enter with an Advanced Practice Registered Nurse (APRN) degree at the master's level from a regionally accredited graduate program. (Master's program must include advanced pathophysiology, advanced health assessment, and advanced pharmacology.)
- 1000 clinical hours are required for degree.
 - Students may transfer in 700 clinical hours from their master's program.
 - At least 300 doctoral level clinical hours are required regardless of number of clinical hours in master's program.
 - Additional clinical hours may be required if total clinical hours in NP program was less than 700.
- A total of 7 credit hours will be required for completion of the scholarly project development/scholarly project.
- Students must earn at least a B grade in all courses to continue progression in program.
- A minimum of 32 semester hours is required for graduation. The acceptance of transfer credit, up to 9 hours, is individually evaluated. The minimum number of clinical practice hours for the program is 300 hours.

Requirement Description	Credit Hours	Prerequisites
I. Required Courses	32	
DNP 710 Epidemiology/Population Health	3	
DNP 715 Health Care Policy and Economics in Clinical Practice	3	
DNP 720 Evidence-Based Nursing Practice: Theory, Design & Methods	3	
DNP 725 Leadership and Role Development in Advanced Nursing Practice	3	
DNP 730 Advanced Statistics for Clinical Practice (Biostatistics)	3	
DNP 740 Advanced Theory and Ethical Issues in Advanced Nursing Practice	3	
DNP 745 Informatics in Health Care Systems	3	

Requirement Description	Credit Hours	Prerequisites
DNP 750 Quality and Safety Across Healthcare Settings	3	
DNP 760 Scholarly Project Development	2	
DNP 765 Scholarly Project II	3	DNP 760
DNP 770 Scholarly Project III	3	DNP 765
DNP 799 DNP Continuing Registration	0	
Total Hours for Post Graduate DNP Program	32	

Recommended Plan of Study

	Fall Semester	Spring Semester	Summer Semester
Year 1	DNP 740 (3) DNP 730 (3) DNP 720 (3) DNP 760 (2)	DNP 715 (3) DNP 710 (3) DNP 765(3) DNP 750 (3)	DNP 745 (3) DNP 725 (3) DNP 770 (3)

Recommended Part-Time Plan of Study

	Fall Semester	Spring Semester	Summer Semester
Year 1	DNP 730 (3) DNP 740 (3)	DNP 710 (3) DNP 715 (3)	DNP 725 (3) DNP 745 (3)
Year 2	DNP 720 (3) DNP 760 (2)	DNP 750 (3) DNP 765 (3)	DNP 770 (3)

DOCTOR OF NURSING PRACTICE - NURSE ANESTHESIA (DNP-NA)

Faculty

- **Sheryl Steadman**, Dean
- **Daniel Bunker**, Associate Professor, Program Director
- **Ted Morris**, Assistant Professor
- **Art Shimata**, Professor
- **James Stimpson**, Professor
- **Chris Torman**, Associate Professor, Assistant Program Director

Mission

The mission of the Doctor of Nursing Practice-Nurse Anesthesia program at Westminster University is to provide an academic environment which allows nurse anesthesia students to master the intellectual and technical skills required to become competent in the safe administration of anesthesia. The program accomplishes this by admitting a select group of experienced, graduate level nurses and then providing them with the highest level of didactic instruction, anesthesia simulation, and clinical site experiences. Our nurse anesthesia graduates develop life-long critical thinking skills and the professionalism needed to become compassionate, patient-centered anesthesia providers. We are committed to upholding the standards set forth by the American Association of Nurse Anesthetists (AANA) and the Council on Accreditation (COA) to produce skilled nurse anesthetists who are qualified to sit for the National Board of Certification and Recertification of Nurse Anesthetists (NBCRNA) Examination. By this educational endeavor, it is the mission of the DNP-NA program at Westminster University to contribute to filling the urban and rural community needs for anesthesia providers.

Program Outcomes

A graduate of the DNP-NA program:

- Evaluates delivery of a safe anesthetic with vigilant protection of the patient and prevention of complications.
- Develops individualized perianesthetic care throughout anesthetic continuum to patients of all ages and physical conditions.
- Integrates skill and knowledge necessary to function as a resource person for airway and ventilator management of patients in a variety of settings.
- Utilizes critical thinking, decision making, and the application of sound principles and evidence-based research in practice.
- Applies mastery of anesthesia concepts and skills by passing the NBCRNA certification examination.
- Develops verbal, nonverbal, and written communication necessary to influence patient care.
- Integrates professional attributes necessary to accept responsibility and accountability of a new anesthesia practice.
- Proposes politically active advancements in nurse anesthesia.

Progression in the Program

The student must:

- Receive a grade of 82% or higher in all DNP-NA courses.
- Maintain a current, unencumbered RN license.
- Complete the program within four years of initial admission date.
- Complete doctoral level project by the deadline assigned by course faculty.
- Maintain a background check free of arrest and/or criminal history. Report any criminal arrests and/or criminal incidents within 24 hours to the Program Director.
- Maintain a negative drug screen. Report any change or prescribed use of mind-altering substances, including narcotics, within 24 hours to the Program Director.
- Remain in good standing at clinical sites.

Graduation Requirements

To be eligible for a doctoral degree, students must satisfy the following conditions:

- Meet all credit hour and other course requirements.
- Be enrolled at Westminster University during the semester in which they wish to graduate.
- Earn a grade of 82% or higher in all DNP-NA courses.
- Earn an average clinical score greater than 3.0 on daily and term evaluations.

Note: Only upper-level coursework may be applied toward degree requirements. Please note that the program requires that students must earn a grade of B (82%) or higher in all program courses to qualify for graduation, regardless of their cumulative GPA. The final responsibility for being informed about, and adhering to, graduation requirements rests with the individual. Continued communication with the faculty advisor is recommended.

Program Requirements

A minimum of 90 credit hours is required for graduation. Clinical cases must include all minimum numbers as directed by the Council on Accreditation. Please see the DNP-NA Student Handbook for specific information regarding clinical cases.

Requirement Description	Credit Hours	Prerequisites
I. Required Courses	90	
DNPNA 710 Epidemiology/Population Health	3	
DNPNA 715 Healthcare Policy & Economics	3	
DNPNA 720 Evidence-Based Practice	3	
DNPNA 725 Leadership & Role Development	3	
DNPNA 730 Advanced Statistics for Clinical Practice	3	
DNPNA 731 Advanced Health Assessment	3	
DNPNA 732 Gross Anatomy	3	
DNPNA 733 Research Methods	2	
DNPNA 734 Chemistry & Physics	2	
DNPNA 740 Advanced Theory & Ethical Issues	3	
DNPNA 745 Informatics in Health Care Systems	3	
DNPNA 750 Quality and Safety	3	
DNPNA 760 Legal Concerns	2	
DNPNA 811 Advanced Physiology	4	
DNPNA 812 Advanced Pharmacology I	4	
DNPNA 813 Anesthesia Principles I	2	
DNPNA 814 Anesthesia Simulation I	2	
DNPNA 821 Advanced Pathophysiology	4	
DNPNA 822 Advanced Pharmacology II	3	
DNPNA 823 Anesthesia Principles II	3	
DNPNA 824 Anesthesia Simulation II	2	
DNPNA 831 Anesthesia Seminar I	1	
DNPNA 832 Advanced Anesthesia Principles I	2	
DNPNA 833 Clinical Practicum I	4	

Requirement Description	Credit Hours	Prerequisites
DNPNA 911 Anesthesia Seminar II	1	
DNPNA 912 Advanced Principles of Anesthesia II	2	
DNPNA 913 Research Practicum I	1	
DNPNA 914 Clinical Practicum II	4	
DNPNA 921 Anesthesia Seminar III	1	
DNPNA 922 Advanced Anesthesia Principles III	1	
DNPNA 923 Research Practicum II	2	
DNPNA 924 Clinical Research Practicum III	4	
DNPNA 931 Anesthesia Seminar IV	1	
DNPNA 932 Advanced Anesthesia Principles IV	1	
DNPNA 933 NCE Review	1	
DNPNA 934 Clinical Practicum IV	4	
Total Hours for the Program	90	

Recommended Plan of Study

MASTER OF PUBLIC HEALTH (MPH) AND GRADUATE CERTIFICATE IN PUBLIC HEALTH

Faculty

- **Sheryl Steadman**, Dean
- **John Contreras**, Professor, Program Director
- **Han Kim**, Professor
- **Colette McAfee**, Associate Professor
- **Rachel Myrer**, Assistant Professor

Mission

To prepare future public health leaders with the skills required to address today's population health challenges through the provision of high-quality teaching and mentoring, scholarly activities, service, and community-based projects, and to promote, protect communities, and prevent adverse health events and illness.

Vision

The program's vision is to seek to be a premier academic resource for public health education, research, and evidence-based practice. Inspired students committed to creating conditions under which people can be healthy.

Program Outcomes

Graduates of the MPH program will be prepared to:

- Assess, monitor, and review the health status of populations and their related determinants of health and illness.
- Demonstrate the ability to utilize the proper statistical and epidemiologic tools to assess community needs and program outcomes.
- Interpret quantitative and qualitative data.
- Use methods and instruments for collecting valid and reliable quantitative and qualitative data.
- Identify and prioritize the key dimensions of a public health problem by critically assessing public health literature—both quantitative and qualitative sources.
- Describe the direct and indirect human, ecological, and safety effects of major environmental and occupational agents.
- Determine approaches for assessing, preventing, and controlling environmental hazards that pose risks to human health and safety.
- Identify the causes of social and behavioral factors that affect the health of individuals and populations.
- Apply theoretical constructs of social and health behavior in planning community interventions.
- Articulate the relationship between health care delivery and financing, public health systems, and public policy.
- Apply the principles of program planning, development, budgeting, management, and evaluation in public health organizations and initiatives.
- Function as collaborators on public health projects with the ability to assume leadership roles effectively.
- Identify and apply ethical, moral, and legal principles in all aspects of public health practice.
- Develop public health programs and strategies responsive to the diverse cultural values and traditions of the communities being served.
- Apply evidence-based principles and the scientific knowledge base to develop evaluation methods and critically evaluate public health program outcomes.
- Effectively communicate public health messages to a variety of audiences from professionals to the general public.

Progression in the Program

A student in the MPH program must:

- Have completed a bachelor's degree
- Receive a grade of B or higher in all courses
- Complete the master's degree in 4 years from the time of initial admission. Students are encouraged to complete the degree in the 10-month cohort schedule
- Complete all master's project requirements according to identified time schedules

A student in the Graduate Certificate in Public Health (Cert.PH) program must:

- Have completed a bachelor's degree
- Receive a grade of B or higher in all courses
- Complete the certificate in 2 years from the time of initial admission

10-Month Program Format

The MPH 10-month program is designed for working public health and health care professionals who desire to acquire the knowledge and skills that will help them advance in public health leadership positions. The program runs from August through June each year. Courses are offered in a worker friendly hybrid format. The in-class meetings are on Fridays and also online (synchronous). There are five blocks (eight weeks each) that cover three semesters (fall, spring, and summer). Thus, earning an MPH degree in as little as three semesters.

Graduation Requirements

To be eligible for a MPH degree or Graduate Certificate in Public Health (Cert.PH), students must satisfy the following conditions to qualify for graduation from Westminster University:

- Meet all credit hour and other course requirements
- Be enrolled at Westminster during the semester in which they wish to graduate
- Maintain good academic standing
- Earn a grade of B or higher in all graduate courses

Note: The program requires that students must earn a grade of B or higher in all graduate courses to qualify for graduation, regardless of their cumulative GPA. The final responsibility for being informed about, and adhering to, graduation requirements rests with the individual. Continued communication with the faculty advisor is recommended.

Program Requirements

Requirement Description	Credit Hours	Prerequisites
I. Core Courses	39	
MPH 500 Principles of Public Health and Health Promotion	3	
MPH 510 Social and Behavioral Sciences in Public Health	3	
MPH 520 Environmental Health	3	
MPH 530 Principles of Epidemiology	3	
MPH 540 Health Policy and Management	3	
MPH 600 Public Health Ethics and Leadership	3	
MPH 621 Practicum I	3	MPH 510, 530, 540, 630
MPH 622 Practicum II	3	MPH 510, 530, 540, 630
MPH 630 Statistical Methods for Public Health	3	
MPH 635 Capstone I: Research Design & Statistical Analysis	3	MPH 500, 510, 530, 540, 630
MPH 640 Program Planning and Evaluation	3	MPH 510, 530, 540, 630
MPH 690A Capstone II A Research Project	3	MPH 500, 510, 520, 530, 540, 600, 630, 635
MPH 690B Capstone II B Research Project	3	MPH 500, 510, 520, 530, 540, 600, 630, 635

Requirement Description	Credit Hours	Prerequisites
II. Elective Courses	6	
MPH 555 Global Health	3	
MPH 575 Introduction to SAS Programming	3	
MPH 645C Health Disparities	3	
MPH 645D Emergency Preparedness	3	
MPH 645E Violence and Public Health	3	
MPH 645G Health Informatics	3	
MPH 645J Statistical Programming in R	3	
MPH 655 Infectious Disease Epidemiology	3	
Other elective courses must be approved by the MPH director		
Total hours for the MPH Program	45	

Recommended Plan of Study for Master of Public Health

	Fall Semester	Spring Semester	Summer Semester
MPH 10 (10-month program)	Block 1 MPH 500 (3) MPH 510 (3) MPH 630 (3) Block 2 MPH 520 (3) MPH 530 (3) MPH 540 (3)	Block 3 MPH 640 (3) MPH 600 (3) MPH 635 (3) Block 4 MPH 690A (3) MPH 645 Elective (3) MPH 621 (3)	Block 5 MPH 690B (3) MPH 645 Elective (3) MPH 622 (3)

Graduate Certificate in Public Health Program Requirements

The Graduate Certificate in Public Health (Cert.PH) provides formal education for those who are currently working in the public health arena or those interested in public health. Students who want to continue to pursue their education in public health will be permitted to apply certificate credits towards Westminster University's MPH degree with approval from the MPH director. The certificate program runs from August to December.

Requirement Description	Credit Hours	Prerequisites
I. Required Courses	18	
MPH 500 Principles of Public Health and Health Promotion	3	
MPH 510 Social and Behavioral Sciences in Public Health	3	
MPH 520 Environmental Health	3	
MPH 530 Principles of Epidemiology	3	
MPH 540 Health Policy and Management	3	
MPH 630 Statistical Methods of Public Health	3	
Total Hours for the Graduate Certificate in Public Health (Cert.PH)	18	

MASTER OF SCIENCE IN CLINICAL MENTAL HEALTH COUNSELING

Faculty

- Katie Cristensen, PhD
- Patrick McMillion, PhD
- Janine Wanlass, PhD (Chair)

Program Mission

The Masters in Clinical Mental Health Counseling program at Westminster University educates students in the fundamentals of counseling theory and practice in an experiential and interpersonal learning environment that facilitates personal and professional growth. Our aim is to train professional counselors with a sound basis in ethical behavior, psychological theories, and professional counseling skills, creating a knowledge base and capacity for thinking that can be translated into effective counseling practice with individuals, families, and groups from diverse backgrounds. We strive to guide our students to become more self-aware and self-reflective as they hone their intellectual and emotional skills. We encourage critical thinking, emphasize professional honesty and integrity, and foster a commitment to providing services to local communities.

Program Objectives

The program of study is designed to develop a student's ability to:

- Understand counselor professional identity and demonstrate skill in applying ethical and legal considerations in professional counseling.
- Demonstrate the awareness, knowledge, and skills to counsel clients from diverse backgrounds.
- Apply theories of human development to clients' needs and issues.
- Have knowledge of career assessment and planning principles and theories.
- Demonstrate skills necessary to be an effective counselor while applying a theoretical approach.
- Demonstrate knowledge and skills to facilitate psychoeducational and process groups.
- Competently select and interpret assessment measures (i.e., academic/educational, career, personality, diagnostic, and developmental).
- Critically evaluate research in a manner that informs counseling practice.
- Demonstrate the knowledge and ability to diagnose and design treatment plans for a broad range of mental health issues.
- Engage in critical thinking and demonstrate a heightened sense of self-awareness in the counseling role.

Retention in the Program

The student must:

- Maintain a grade point average of 3.0. If the student receives a grade of C+ or lower in any course, the credit hours for this course do not count toward graduation requirements and must be repeated.
- Pass comprehensive exam (60%) and write an acceptable case conceptualization of a client in the third year of study.
- Complete the program within 5 years.
- Comply with ethical standards for counselors (ACA, ACMHCA codes) and all policies for practicum students, interns, or employees at community clinical placements. Failure to do so may result in suspension or dismissal from the program.

Program Probation and Dismissal Policy

A student may receive a practicum/internship/classroom warning of program probationary status at any time during a field or classroom experience if the instructor determines that the student's performance is unsatisfactory. The written warning will outline what the student must do to meet the course or program requirements. Program probation will be removed if the student is able to satisfy the conditions listed in the written warning; however, any program probationary status will be documented in the student's record. A student can be dismissed from the Masters in Professional Counseling program for any of the following reasons:

- Violation of the academic honesty policy.
- Violation of the ethical code for counselors.
- Failure to maintain a GPA appropriate for the program.
- A documented pattern of unprofessional behavior in the classroom or clinical setting.
- A documented violation of agency policy or procedures in a clinical placement.

Graduation Requirements

To be eligible for a master's degree or graduate certificate, students must satisfy the following conditions:

- Meet all credit hour and other course requirements.
- Maintain an overall grade point average of 3.0 or above.
- Be enrolled at Westminster University during the semester in which they wish to graduate.
- Maintain good academic standing.
- Earn a grade of B- or higher in all graduate courses.

Note: Only graduate-level coursework may be applied toward degree or certificate requirements. The final responsibility for being informed about, and adhering to, graduation requirements rests with the individual student.

Program Requirements

Students must complete at least 61 hours of graduate course work drawn from the following:

Requirement Description	Credit Hours	Prerequisites
I. Required Courses	48	

Requirement Description	Credit Hours	Prerequisites
CCE 605 Seminar in Professional Counseling Roles	1	
CCE 610 Counseling Ethics	3	
CCE 612 Statistics and Research Methods	3	
CCE 614 Psychopathology and the DSM	3	
CCE 617 Individual Counseling I	3	
CCE 619 Individual Counseling II	3	
CCE 621 Human Growth and Development	3	
CCE 628 Group Counseling	3	
CCE 633 Child and Family Counseling	3	
CCE 636 Clinical Assessment	3	
CCE 639 Multicultural Counseling	3	
CCE 640 Counseling Practicum	3	
CCE 642 Substance Abuse Counseling	3	
CCE 643 Trauma and Crisis Counseling	3	
CCE 645 Career Counseling and Development	3	
Take 3 credits from the following:		
CCE 660 Internship I	1-3	
Take 3 credits from the following:		
CCE 661 Internship II	1-3	
II. Counseling Theory Courses	6	
Take two out of the following four courses:		
CCE 630 Applications of Humanistic/Existential Theory	3	
CCE 631 Applications of Cognitive Behavioral Theory	3	
CCE 632 Applications of Family Systems Theory	3	
CCE 644 Applications of Psychodynamic Theory	3	
III. Elective Courses	6	
Take two Special Topics courses.		
CCE 650 Special Topics Seminars	3	
Total Hours For The MSCMHC Degree	61	

All courses are required other than the choice among theory courses where students can select two of the four and elective courses, where students must take six credit hours from options provided.

Students are required to take and pass comprehensive exams prior to April 1st of their third year. Students should be aware that completion of this program satisfies all academic requirements for licensure in Utah as an associate clinical mental health counselor. Additional clinical practice hours are needed to meet Utah's full licensure requirements, which can occur after a period of not less than 2 years (3,000 hours).

Plan of Study

	Fall Semester	Spring Semester
Year 1	CCE 605 Professional Roles CCE 610 Counseling Ethics CCE 612 Stats & Research Methods CCE 617 Individual Counseling I CCE 621 Human Growth & Dev	CCE 619 Individual Counseling II CCE 628 Group Counseling CCE 614 Psychopathology and the DSM CCE 633 Child and Family Counseling
Year 2	CCE 636 Clinical Assessment CCE 639 Multicultural Counseling CCE 642 Substance Abuse Counseling CCE 640 or 643 Counseling Practicum or Trauma & Crisis Counseling	CCE 650 Special Topics in Counseling (Choose an elective) CCE 640 or 643 Counseling Practicum or Trauma & Crisis Counseling <i>Two of the following:</i> CCE 630 Applications of Humanistic/Existential Theory CCE 631 Applications of Cognitive Behavioral Theory CCE 632 Applications of Family Systems Theory CCE 644 Applications of Psychodynamic Theory
Year 3	CCE 645 Career Counseling and Development CCE 660 Internship I	CCE 650 Special Topics in Counseling (Choose an elective) CCE 661 Internship II

Some students enter the MSCMHC program only to learn that while they love the study of counseling, they no longer desire to practice. For those students who seek an education in the applications of psychology but who choose not to seek licensure, the Master of Applied Psychology is a degree option. At the end of the first and second years of academic study in the graduate program, students and faculty determine if a student will graduate from the MAP program or the MSCMHC program.

Master of Science in Applied Psychology

Students may wish to pursue the Master of Science in Applied Psychology if they have an interest in understanding human behavior and how change occurs within a treatment context but do not have a wish to practice as a licensed counselor. For example, a student may wish to work in an administrative capacity in a human or social service agency or non-profit. Perhaps one aspires to head an HR/EAP program or run a for-profit residential treatment center, and while the student does not wish to provide direct services to clients, the student wants a deep understanding of best practices within the fields of psychology and counseling.

Program Goals

- Demonstrate knowledge of how psychological and counseling theories are applied in human and social services
- Prepare students for administrative or staff positions within social services agencies
- Understand how theories of human development, psychology, and counseling are used to promote health and change in individuals and groups

Program Requirements

Students must complete at least 45-48 hours of graduate course work drawn from the following:

Requirement Description	Credit Hours	Prerequisites
I. Required Courses	36	
CCE 605 Seminar in Professional Roles I	1	
CCE 610 Counseling Ethics	3	
CCE 612 Statistics and Research Methods	3	
CCE 614 Psychopathology and the DSM	3	
CCE 617 Individual Counseling I	3	
CCE 619 Individual Counseling II	2	
CCE 621 Human Growth and Development	3	
CCE 628 Group Counseling	3	
CCE 633 Child and Family Counseling	3	
CCE 636 Clinical Assessment	3	
CCE 639 Multicultural Counseling	3	
CCE 642 Substance Abuse Counseling	3	
CCE 643 Trauma & Crisis Counseling	3	

Requirement Description	Credit Hours	Prerequisites
II. Counseling Theory Courses	3	
Take one out of the following four courses: CCE 630 Applications of Humanistic/Existential Theory CCE 631 Applications of Cognitive Behavioral Theory CCE 632 Applications of Family Systems Theory CCE 644 Applications of Psychodynamic Theory	3 3 3 3	
III. Elective Courses	6	
Take two Special Topics courses. CCE 650 Special Topics	3	
Total Hours for the MS in Applied Psychology	45	

Recommended Plan of Study for MS in Applied Psychology

	Fall Semester	Spring Semester
Year 1	CCE 605 Seminar in Professional Roles I CCE 610 Counseling Ethics CCE 612 Statistics & Research Methods CCE 617 Individual Counseling I CCE 621 Human Growth & Development	CCE 619 Individual Counseling II CCE 628 Group Counseling CCE 614 Psychopathology and the DSM CCE 633 Child and Family Counseling
Year 2	CCE 636 Clinical Assessment CCE 639 Multicultural Counseling CCE 642 Substance Abuse Counseling CCE 643 Trauma and Crisis Counseling	Choose one Counseling Theory course from: <i>CCE 630 Humanistic/Existential Theory</i> <i>CCE 631 Cognitive Behavioral Theory</i> <i>CCE 632 Family Systems Theory</i> <i>CCE 644 Psychodynamic Theory</i> CCE 650 Special Topics in Counseling (take two)

Graduate Certificate in Adventure Therapy

Faculty

- Patrick McMillion, PhD

Program Goals

- Students will develop a foundational knowledge of the distinct elements of adventure therapy, including history, interventions, theories, and models.
- Students will examine sociocultural/environmental implications of adventure therapy, emphasizing principles diversity, equity, and inclusion; as well as environmental ethics and justice.
- Students will learn and apply various models of client assessment, incorporating relevant learning into clinical practice and risk management.
- Students will demonstrate knowledge of and adherence to accepted standards of professionalism and ethical practice while developing and implementing adventure therapy.
- Students will explore practical aspects of integrating adventure therapy programming in a variety of organizational and clinical settings.
- Students will apply professional standards for clinical documentation to an adventure therapy setting, examining confidentiality standards, liability, and note-taking.
- Students will employ foundational counseling skills of therapeutic alliance building to a variety of adventure therapy settings and client populations.
- Students will gain competence in developing, facilitating, and processing adventure therapy interventions in support of client-centered, culturally relevant, and clinically-informed treatment practices.
- Students will critically examine the relevance and effectiveness of adventure therapy practices through both formal and informal means to support integration and transfer of learning towards clinical goals.

Program Objectives

The Adventure Therapy Certificate Program is designed for post-graduate licensed mental health therapists (e.g., ACSWs, LCSWs, ACMHCs, LCMHCs, LMFTs, etc.) and concurrently enrolled Westminster MSCMHC students seeking advanced training in adventure therapy. We welcome individuals across mental health disciplines (counseling, social work, marriage and family therapy, etc.). Through three intensive courses between January and June, students will develop the foundational knowledge and skills to implement clinically effective, ethical, and culturally relevant adventure therapy programming across settings and client populations. A student successfully completing each of the three courses will earn a university-issued certificate and have met the educational standards for the Clinical Certified Adventure Therapist credential, issued by the Association for Experiential Education.

Program Requirements

Students must complete the three listed courses with no less than 3.0 GPA.

Requirement Description	Credit Hours	Prerequisites
I. Required Courses	9	
CCE 651 Foundations of Adventure-Based Counseling	3	
CCE 652 Professional Practice in Adventure-Based Counseling	3	
CCE 653 Clinical Practice in Adventure-Based Counseling	3	
Total Hours for the Program	9	

Plan of Study for MSCMHC with Graduate Certificate in Adventure Therapy*

	Fall Semester	Spring Semester
Year 1	CCE 605 Professional Roles CCE 610 Counseling Ethics CCE 612 Stats & Research Methods CCE 617 Individual Counseling I CCE 621 Human Growth & Dev	CCE 619 Individual Counseling II CCE 628 Group Counseling CCE 614 Psychopathology and the DSM CCE 633 Child and Family Counseling
Year 2	CCE 636 Clinical Assessment CCE 639 Multicultural Counseling CCE 642 Substance Abuse Counseling CCE 640 or 643 Counseling Practicum or Trauma & Crisis Counseling	CCE 640 or 643 Counseling Practicum or Trauma & Crisis Counseling <i>Two of the following:</i> CCE 630 Applications of Humanistic/Existential Theory CCE 631 Applications of Cognitive Behavioral Theory CCE 632 Applications of Family Systems Theory CCE 644 Applications of Psychodynamic Theory *CCE 651 Foundations of Adventure-Based Counseling (First 7 weeks) *CCE 652 Professional Practice in Adventure-Based Counseling (Second 7 weeks) *CCE 653 Clinical Practice in Adventure-Based Counseling (Summer - First 4 weeks)
Year 3	CCE 645 Career Counseling and Development CCE 660 Internship I	CCE 661 Internship II *CCE 651 Foundations of Adventure-Based Counseling (First 7 weeks) *CCE 652 Professional Practice in Adventure-Based Counseling (Second 7 weeks) *CCE 653 Clinical Practice in Adventure-Based Counseling (Summer - First 4 weeks)

MASTER OF SCIENCE IN NURSING - FAMILY NURSE PRACTITIONER (MSN-FNP)

Faculty

- Sheryl Steadman, Dean
- Sue Jones, DNP, APRN, FNP-C, Program Director
- Elizabeth Hanna, DNP, APRN, FNP-C
- Ronda Lucey, DNP, APRN, FNP-BC
- Shauna Olsen, DNP, APRN, FNP-BC

The Master of Science in Nursing, Family Nurse Practitioner (FNP) program builds on a baccalaureate nursing degree to prepare advanced practice nurses in the areas of primary health care.

After graduation, FNP students are eligible to take the American Nurse Credential Center (ANCC) or the American Academy of Nurse Practitioners (AANP) certification exam and apply for Utah licensure as Advanced Practice Registered Nurses (APRN) with prescriptive authority.

Philosophy

The Family Nurse Practitioner program is based on a philosophy of holistic health care for patients and families in today's dynamic and complex health care environment. Graduates will use their clinical competence and political efficacy to improve both individual health outcomes and the overall quality of the healthcare system.

Mission

The Master of Science in Nursing, Family Nurse Practitioner (FNP) program at Westminster University provides students the expertise required in advanced nursing practice and leadership. The program builds on a baccalaureate nursing education to develop attributes essential to providing comprehensive, holistic healthcare across the lifespan. Students integrate clinical judgment and critical thinking for culturally appropriate patient-centered care. Students will establish an advanced understanding of the art and science of nursing and are encouraged to seek additional continuing education and volunteer their services to the local community.

Program Outcome

FNP graduates will:

- Establish therapeutic relationships and use a holistic, culturally appropriate, evidence-based approach to assess, diagnose, and prescribe treatments for individuals, families, and clinical populations.
- Assume a leadership role in the development and implementation of health promotion interventions for individuals, families, and communities.
- Analyze healthcare policy and the effect of these policies on nursing practice and healthcare delivery in order to advocate for improved public healthcare outcomes and the profession of nursing.
- Integrate theory, evidence, clinical judgment, research, and interprofessional perspective to improve practice and associated health outcomes for patient populations.
- Employ interprofessional collaborative strategies utilizing information and communication technologies in the design, coordination, and evaluation of patient centered care.

Progression in the Program

The student must:

- Receive a grade of B or higher in all courses. Cumulative test/quiz scores must average 80% or higher in all courses, or the student will not be able to progress. If a student does not achieve 80% or higher, the course grade will reflect only the average test/quiz scores achieved by the end of the course.
- Complete the program in 4 years from time of initial admission.
- Maintain a current, unencumbered Utah RN license.
- Complete all scholarly paper requirements according to identified time schedules.
- Maintain a background check free of arrest and/or criminal incidents. Report any arrests and/or incidents related to legal and/or licensure concerns to the Program Director within 24 hours.
- Maintain a negative drug screen. Report any change or prescribed use of mind-altering substances, including narcotics, within 24 hours to the Program Director.
- Remain in good standing at clinical sites.

Graduation Requirements

To be eligible for a Master of Science in Nursing, Family Nurse Practitioner (FNP) degree, students must satisfy the following conditions to qualify for graduation from Westminster University:

- Meet all credit hour and other course requirements
- Maintain an overall grade point average of 3.0 or above
- Be enrolled at Westminster University during the semester in which they wish to graduate
- Maintain good academic standing
- Earn a grade of B or higher in all graduate courses

Please note that the program requires that students must earn a grade of B or higher in all graduate courses to qualify for graduation, regardless of their cumulative GPA. The final responsibility for being informed about, and adhering to, graduation requirements rests with the individual. Continued communication with the faculty advisor is recommended.

Program Requirements

A minimum of 42 semester hours is required for graduation. The acceptance of transfer credit, up to 9 hours, is individually evaluated. The minimum number of clinical practice hours for the program is 720 hours.

Requirement Description	Credit Hours	Prerequisites
I. Required Courses	42	
MSN 500 Advanced Health Assessment and Diagnostic Reasoning	4	MSN 500, 501
MSN 501 Advanced Pathophysiology	3	
MSN 532 Pharmacology for Advanced Practice	3	
MSN 540 Theoretical Found. of Advanced Practice Nursing	2	MSN 540; Pre- or Co- requisite: MSN 532
MSN 550 Health Care and Health Promotion of Adults And Older Adults/Clinical Seminar	4	
MSN 570 Research in the Practice Setting	3	

Requirement Description	Credit Hours	Prerequisites
MSN 581 Health Care and Health Promotion of Young Adults/Clinical Seminar	4	MSN 570
MSN 582 Health Care and Health Promotion of Infants through Adolescents/Clinical Seminar	4	MSN 581
MSN 584 Ambulatory Care Procedures	3	MSN 550
MSN 601 Role and Leadership in Advanced Practice Nursing	2	
MSN 610 Master's Project	3	MSN 540, 570
MSN 639 Advanced Nursing Practicum/Clinical Seminar	5	MSN 582, 584, 601
MSN 670 Synthesis: Practice in Context	2	MSN 550, 582, 601
Total Hours for the FNP Program	42	

Recommended Plan of Study

	Fall Semester	Spring Semester	Summer Semester
Year 1	MSN 500 (3/1) MSN 501 (3/0) MSN 540 (2/0)	MSN 532 (3/0) MSN 550 (2/2) MSN 570 (3/0)	MSN 584 (3/0) MSN 581 (2/2) MSN 601 (2/0)
Year 2	MSN 582 (2/2) MSN 610 (3/0)	MSN 670 (2/0) MSN 639 (0/5) MSN 699 (0) [if needed]	MSN 650 (0) [if needed] MSN 699 (0) [if needed]

Note: One (1) academic credit hour of clinical equals sixty (60) clock hours